

JOB DESCRIPTION

TITLE: Certified Peer Specialist- Youth

CLASSIFICATION: Mental Health Worker I

SALARY RANGE: \$20, 800.00 - \$31,650.00

SUPERVISOR: Director of Children's Services

DEFINITION:

This is a responsible, professional position who works with young adults who are receiving clinical services through our organization. The Youth Peer Specialist will work closely with the care coordinator and the Family Peer Specialist to implement the treatment process with the young adult and their family. They must have personal experience ("lived experience") in mental health services or child welfare and be able to appropriately disclose and share that experience with young adults receiving treatment through our organization. The Youth Peer Provider supports young adults, ages 16 - 21, by sharing their own lived experience of mental health and/or child welfare with young adults to foster hope, build resiliency, and develop self-advocacy skills that will empower them to reach their goals.

This can be either a full time or part time position.

DESCRIPTION OF DUTIES:

Provide peer support to young adults ages 16-21 by sharing lived experiences and building trusting relationships.

Offer support and guidance to young adults as they receive services and support from our organization.

Connect young adults to community supports, natural supports, and additional programs.

Coordinate outreach and youth engagement efforts in the community.

Encourage young adults to identify goals and create action plans in tandem with the young adult's treatment team to reach them.

Foster hope and approach the young adult's skills from a strengths-based perspective.

August 2020

Updated September 2020

Practice culturally responsive communication and interaction with young adults and their families and/or natural supports.

JOB DESCRIPTION (Continued)

Act as a resource and safe person for young adults to approach with questions, concerns, and accomplishments.

Facilitate trainings and groups as scheduled and requested.

Attend staff and agency meetings, trainings, and other events as scheduled and approved by supervisor.

Document all services provided in the electronic health record.

Complete reports and other paperwork as assigned by supervisor.

Assist consumers in developing a personal recovery plan.

Assist in identifying barriers to the consumer's recovery.

Help identify consumer's individual warning signs and help develop ways to prevent relapse in order to avoid hospitalizations.

Assist in developing problem solving skills, coping skills, and communication skills.

Assist consumers in developing empowerment skills through self-advocacy.

Perform other related duties as assigned by supervisor.

REQUIREMENTS:

Must demonstrate basic understanding of the public mental health system.

Must demonstrate basic knowledge in self-help, peer support, coping skills and recovery.

Must have an ability to work with individuals and groups and to facilitate peer support and self help groups.

Knowledge of consumer rights and advocacy.

August 2020

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Must have good communication skills, both written and oral.

The ability to service as a role model, showing by example that recovery is possible.

The ability to assist individuals with mental illness in developing coping skills and self-esteem.

JOB DESCRIPTION (Continued)

QUALIFICATIONS:

Must have personally experienced mental illness and be in recovery. Must have a high school diploma or GED. Must have completed and passed certified peer specialist training that has been sponsored and approved by the Alabama Department of Mental Health and Mental Retardation.

Must hold a driver's license valid in Alabama with a good driving record. Must maintain a driving record that is acceptable to the Authority's insurance carrier. Must maintain liability coverage on personal vehicles.

August 2020

Updated September 2020